



GOLDEN DRAGON Championships

A fundraiser event to assist patients and families
suffering from ALS (aka, Lou Gehrig's Disease)



Forms: Sat., Nov. 7, 2026, 8am
Sparring: Sun., Nov. 8, 2026, 8am

Arcadia High School, Gymnasium
180 Campus Drive, Arcadia, CA 91006

Competitor's fee \$50.
Online Registration Deadline October 24, 2026

Divisions

Dedicated Grand Championship
Chinese Southern and Northern Forms
Wing Chun Forms
Chinese Short and Long Weapons
Group Forms
Open Forms and Weapons

Bagua / Xingyi
Tai-Chi Chuan
First Timer Point Sparring
Point Sparring (ages 13 & under)
Continuous Sparring (ages 14 & Over)
Daoshu (Saber) Sparring Qiang (Spear) Sparring
Jianshu (Sword) Sparring Staff Sparring

Presented by



Traditional Chinese
Martial Arts Federation



Chinese Chamber of Commerce
of Los Angeles
美國洛杉磯(羅省)中華總商會

Email: TCMAFederation@gmail.com

Register at: www.kihapp.com/tournaments/26755-2026-golden-dragon-championships



Traditional Chinese Martial Arts Federation

Fellow Chinese Martial Arts Enthusiasts and Friends,

The Traditional Chinese Martial Arts Federation (TCMAF) is pleased to announce the continuation of the Golden Dragon Championships. The 2026 tournament promises to carry forward the traditions of past Golden Dragon Championships and Tempt One Championships.

Consistent with past practice, the Golden Dragon Championships 2026 and its partner, the Chinese Chamber of Commerce, will direct the fundraising efforts to assist patients and families afflicted by the horrible disease known as ALS. The competitor's fees, spectator fees, concession sales, personal donations and corporate sponsorships will be used to assist patients with the cost of physical therapy, caregiver costs and purchase of nutritional supplements.

The mission of the TCMAF is to preserve and promote the values of the arts we treasure. This tournament is one of the tangible vehicles that will help reach these goals. We encourage enthusiasts of all ages, gender and experience levels to join us on November 7th and November 8th, to share your skills and meet friends, both old and new.

Lastly, TCMAF and the tournament organizing committee extends its heartfelt thank you to all the volunteers, competitors, parents and donors. This tournament would not succeed without your support.

Sincerely,

Fenton Fong Eng
Tournament Director
Golden Dragon Championships 2026

Competitors Fees

Registration Deadline: October 24, 2026

Cost: \$50. for the first event \$30. for each additional event

Register at: www.kihapp.com/tournaments/26755-2026-golden-dragon-championships

Spectators Fees

\$12. (ages 6 and under free)

Coaches / Instructors Fees

Free only for those serving as judges, special guests, special performers or volunteers.

For additional assistance and lodging information email: TCMAFederation@gmail.com

Golden Dragon Grand Championship

Code	Age	Level	Gender
GC	All	Advanced Only	All (Participants must be sanctioned by his/her school's head instructor to compete)

Traditional Chinese **Southern Forms** (Includes Wing Chun, Southern Praying Mantis, Dragon)

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
SF-1	7 & Under	Novice	M/F	SF-9	14-17	Beginner	M	SF-19	14-17	Beginner	F
SF-2	7&Under	Advanced	M/F	SF-10	14-17	Intermediate	M	SF-20	14-17	Intermediate	F
SF-3	8-10	Beginner	M/F	SF-11	14-17	Advanced	M	SF-21	14-17	Advanced	F
SF-4	8-10	Intermediate	M/F	SF-12	18-35	Beginner	M	SF-22	18-35	Beginner	F
SF-5	8-10	Advanced	M/F	SF-13	18-35	Intermediate	M	SF-23	18-35	Intermediate	F
SF-6	11-13	Beginner	M/F	SF-14	18-35	Advanced	M	SF-24	18-35	Advanced	F
SF-7	11-13	Intermediate	M/F	SF-15	36-49	Novice	M	SF-25	36-49	Novice	F
SF-8	11-13	Advanced	M/F	SF-16	36-49	Advanced	M	SF-26	36-49	Advanced	F
				SF-17	50+	Novice	M	SF-27	50+	Novice	F
				SF-18	50+	Advanced	M	SF-28	50+	Advanced	F

Traditional Chinese **Northern Forms**

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
NF-1	7 & Under	Novice	M/F	NF-9	14-17	Beginner	M	NF-19	14-17	Beginner	F
NF-2	7 & Under	Advanced	M/F	NF-10	14-17	Intermediate	M	NF-20	14-17	Intermediate	F
NF-3	8-10	Beginner	M/F	NF-11	14-17	Advanced	M	NF-21	14-17	Advanced	F
NF-4	8-10	Intermediate	M/F	NF-12	18-35	Beginner	M	NF-22	18-35	Beginner	F
NF-5	8-10	Advanced	M/F	NF-13	18-35	Intermediate	M	NF-23	18-35	Intermediate	F
NF-6	11-13	Beginner	M/F	NF-14	18-35	Advanced	M	NF-24	18-35	Advanced	F
NF-7	11-13	Intermediate	M/F	NF-15	36-49	Novice	M	NF-25	36-49	Novice	F
NF-8	11-13	Advanced	M/F	NF-16	36-49	Advanced	M	NF-26	36-49	Advanced	F
				NF-17	50+	Novice	M	NF-27	50+	Novice	F
				NF-18	50+	Advanced	M	NF-28	50+	Advanced	F

Traditional Chinese **Short Weapons**

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
SW-1	7 & Under	Novice	M/F	SW-9	14-17	Beginner	M	SW-19	14-17	Beginner	F
SW-2	7 & Under	Advanced	M/F	SW-10	14-17	Intermediate	M	SW-20	14-17	Intermediate	F
SW-3	8-10	Beginner	M/F	SW-11	14-17	Advanced	M	SW-21	14-17	Advanced	F
SW-4	8-10	Intermediate	M/F	SW-12	18-35	Beginner	M	SW-22	18-35	Beginner	F
SW-5	8-10	Advanced	M/F	SW-13	18-35	Intermediate	M	SW-23	18-35	Intermediate	F
SW-6	11-13	Beginner	M/F	SW-14	18-35	Advanced	M	SW-24	18-35	Advanced	F
SW-7	11-13	Intermediate	M/F	SW-15	36-49	Novice	M	SW-25	36-49	Novice	F
SW-8	11-13	Advanced	M/F	SW-16	36-49	Advanced	M	SW-26	36-49	Advanced	F
				SW-17	50+	Novice	M	SW-27	50+	Novice	F
				SW-18	50+	Advanced	M	SW-28	50+	Advanced	F

Traditional Chinese **Long Weapons**

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
LW-1	7 & Under	Novice	M/F	LW-9	14-17	Beginner	M	LW-19	14-17	Beginner	F
LW-2	7 & Under	Advanced	M/F	LW-10	14-17	Intermediate	M	LW-20	14-17	Intermediate	F
LW-3	8-10	Beginner	M/F	LW-11	14-17	Advanced	M	LW-21	14-17	Advanced	F
LW-4	8-10	Intermediate	M/F	LW-12	18-35	Beginner	M	LW-22	18-35	Beginner	F
LW-5	8-10	Advanced	M/F	LW-13	18-35	Intermediate	M	LW-23	18-35	Intermediate	F
LW-6	11-13	Beginner	M/F	LW-14	18-35	Advanced	M	LW-24	18-35	Advanced	F
LW-7	11-13	Intermediate	M/F	LW-15	36-49	Novice	M	LW-25	36-49	Novice	F
LW-8	11-13	Advanced	M/F	LW-16	36-49	Advanced	M	LW-26	36-49	Advanced	F
				LW-17	50+	Novice	M	LW-27	50+	Novice	F
				LW-18	50+	Advanced	M	LW-28	50+	Advanced	F

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Group Forms / Two Person Routines

Code	Age	Level	Gender
GF-1	6-10	Novice	M/F
GF-2	6-10	Advanced	M/F
GF-3	11-13	Novice	M/F
GF-4	11-13	Advanced	M/F

Code	Age	Level	Gender
GF-5	14-17	Novice	M/F
GF-6	14-17	Advanced	M/F
GF-7	18-35	Novice	M/F
GF-8	18-35	Advanced	M/F

Code	Age	Level	Gender
GF-9	36-49	Novice	M/F
GF-10	36-49	Advanced	M/F
GF-11	50+	Novice	M/F
GF-12	50+	Advanced	M/F
GF-13	All Ages	Novice	M/F
GF-14	All Ages	Advanced	M/F

Open Forms (All Styles of Martial Arts)

Code	Age	Level	Gender
OF-1	7 & Under	Novice	M/F
OF-2	8-10	Advanced	M/F
OF-3	8-10	Beginner	M/F
OF-4	8-10	Intermediate	M/F
OF-5	8-10	Advanced	M/F
OF-6	11-13	Beginner	M/F
OF-7	11-13	Intermediate	M/F
OF-8	11-13	Advanced	M/F

Code	Age	Level	Gender
OF-9	14-17	Beginner	M
OF-10	14-17	Intermediate	M
OF-11	14-17	Advanced	M
OF-12	18-35	Beginner	M
OF-13	18-35	Intermediate	M
OF-14	18-35	Advanced	M
OF-15	36-49	Novice	M
OF-16	36-49	Advanced	M
OF-17	50+	Novice	M
OF-18	50+	Advanced	M

Code	Age	Level	Gender
OF-19	14-17	Beginner	F
OF-20	14-17	Intermediate	F
OF-21	14-17	Advanced	F
OF-22	18-35	Beginner	F
OF-23	18-35	Intermediate	F
OF-24	18-35	Advanced	F
OF-25	36-49	Novice	F
OF-26	36-49	Advanced	F
OF-27	50+	Novice	F
OF-28	50+	Advanced	F

Open Weapons

Code	Age	Level	Gender
OW-1	7 & Under	Novice	M/F
OW-2	8-10	Advanced	M/F
OW-3	8-10	Beginner	M/F
OW-4	8-10	Intermediate	M/F
OW-5	8-10	Advanced	M/F
OW-6	11-13	Beginner	M/F
OW-7	11-13	Intermediate	M/F
OW-8	11-13	Advanced	M/F

Code	Age	Level	Gender
OW-9	14-17	Beginner	M
OW-10	14-17	Intermediate	M
OW-11	14-17	Advanced	M
OW-12	18-35	Beginner	M
OW-13	18-35	Intermediate	M
OW-14	18-35	Advanced	M
OW-15	36-49	Novice	M
OW-16	36-49	Advanced	M
OW-17	50+	Novice	M
OW-18	50+	Advanced	M

Code	Age	Level	Gender
OW-19	14-17	Beginner	F
OW-20	14-17	Intermediate	F
OW-21	14-17	Advanced	F
OW-22	18-35	Beginner	F
OW-23	18-35	Intermediate	F
OW-24	18-35	Advanced	F
OW-25	36-49	Novice	F
OW-26	36-49	Advanced	F
OW-27	50+	Novice	F
OW-28	50+	Advanced	F

Traditional Chinese Internal Forms

Bagua			
Code	Age	Level	Gender
BG-1	30 & Under	Novice	M
BG-2	30 & Under	Advanced	M
BG-3	31-55	Novice	M
BG-4	31-55	Advanced	M
BG-5	56+	Novice	M
BG-6	56+	Advanced	M
BG-7	30 & Under	Novice	F
BG-8	30 & Under	Advanced	F
BG-9	31-55	Novice	F
BG-10	31-55	Advanced	F
BG-11	56+	Novice	F
BG-12	56+	Advanced	F

Xingyi			
Code	Age	Level	Gender
XY-1	30 & Under	Novice	M
XY-2	30 & Under	Advanced	M
XY-3	31-55	Novice	M
XY-4	31-55	Advanced	M
XY-5	56+	Novice	M
XY-6	56+	Advanced	M
XY-7	30 & Under	Novice	F
XY-8	30 & Under	Advanced	F
XY-9	31-55	Novice	F
XY-10	31-55	Advanced	F
XY-11	56+	Novice	F
XY-12	56+	Advanced	F

Internal Weapons			
Code	Age	Level	Gender
IW-1	30 & Under	Novice	M/F
IW-2	30 & Under	Advanced	M/F
IW-3	31-55	Novice	M/F
IW-4	31-55	Advanced	M/F
IW-5	56+	Novice	M/F
IW-6	56+	Advanced	M/F

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Tai-Chi Chuan

Chen Tai-Chi (3-5 Minutes)

Code	Age	Level	Gender
CT-1	30 & Under	Beginner	M/F
CT-2	30 & Under	Intermediate	M/F
CT-3	30 & Under	Advanced	M/F
CT-4	31 - 55	Beginner	M/F
CT-5	31 - 55	Intermediate	M/F
CT-6	31 - 55	Advanced	M/F
CT-7	56+	Beginner	M/F
CT-8	56+	Intermediate	M/F
CT-9	56+	Advanced	M/F

Tai-Chi 24 Hand Form (4-5 Minutes)

Code	Age	Level	Gender
24-1	30 & Under	Beginner	M/F
24-2	30 & Under	Intermediate	M/F
24-3	30 & Under	Advanced	M/F
24-4	31 - 55	Beginner	M/F
24-5	31 - 55	Intermediate	M/F
24-6	31 - 55	Advanced	M/F
24-7	56+	Beginner	M/F
24-8	56+	Intermediate	M/F
24-9	56+	Advanced	M/F

Tai-Chi 42 Hand Form (5-6 Minutes)

Code	Age	Level	Gender
42-1	30 & Under	Beginner	M/F
42-2	30 & Under	Intermediate	M/F
42-3	30 & Under	Advanced	M/F
42-4	31 - 55	Beginner	M/F
42-5	31 - 55	Intermediate	M/F
42-6	31 - 55	Advanced	M/F
42-7	56+	Beginner	M/F
42-8	56+	Intermediate	M/F
42-9	56+	Advanced	M/F

Other Tai-Chi Weapons (2 1/2 - 4 Min.)

Code	Age	Level	Gender
TO-1	30 & Under	Beginner	M/F
TO-2	30 & Under	Intermediate	M/F
TO-3	30 & Under	Advanced	M/F
TO-4	31 - 55	Beginner	M/F
TO-5	31 - 55	Intermediate	M/F
TO-6	31 - 55	Advanced	M/F
TO-7	56+	Beginner	M/F
TO-8	56+	Intermediate	M/F
TO-9	56+	Advanced	M/F

Yang Tai-Chi (3-5 Minutes)

Code	Age	Level	Gender
YT-1	30 & Under	Beginner	M/F
YT-2	30 & Under	Intermediate	M/F
YT-3	30 & Under	Advanced	M/F
YT-4	31 - 55	Beginner	M/F
YT-5	31 - 55	Intermediate	M/F
YT-6	31 - 55	Advanced	M/F
YT-7	56+	Beginner	M/F
YT-8	56+	Intermediate	M/F
YT-9	56+	Advanced	M/F

Other Tai-Chi (3-5 Minutes)

Code	Age	Level	Gender
OT-1	30 & Under	Beginner	M/F
OT-2	30 & Under	Intermediate	M/F
OT-3	30 & Under	Advanced	M/F
OT-4	31 - 55	Beginner	M/F
OT-5	31 - 55	Intermediate	M/F
OT-6	31 - 55	Advanced	M/F
OT-7	56+	Beginner	M/F
OT-8	56+	Intermediate	M/F
OT-9	56+	Advanced	M/F

Tai-Chi Sword (2 1/2 - 4 Minutes)

Code	Age	Level	Gender
TS-1	30 & Under	Beginner	M/F
TS-2	30 & Under	Intermediate	M/F
TS-3	30 & Under	Advanced	M/F
TS-4	31 - 55	Beginner	M/F
TS-5	31 - 55	Intermediate	M/F
TS-6	31 - 55	Advanced	M/F
TS-7	56+	Beginner	M/F
TS-8	56+	Intermediate	M/F
TS-9	56+	Advanced	M/F

Group Tai-Chi Forms

Code	Age	Level	Gender
TCGF	(Max 8 Persons)		M/F

Group Tai-Chi Weapons

Code	Age	Level	Gender
TCGW	(Max 8 Persons)		M/F

Wing Chun Forms

Code	Form	Age	Level
WC-1	Sil Lum Tau	11 & Under	Beginner
WC-2	Sil Lum Tau	12-17	Beginner
WC-3	Sil Lum Tau	18-35	Beginner
WC-4	Sil Lum Tau	36+	Beginner

Code	Form	Age	Level
WC-5	Chum Kiu	11 & Under	Intermediate
WC-6	Chum Kiu	12-17	Intermediate
WC-7	Chum Kiu	18-35	Intermediate
WC-8	Chum Kiu	36+	Intermediate

Grand Championship

Code	Age	Level	Gender
GC	All	Advanced Only	All

Experience the excitement of competing amongst the elite practitioners and celebrate the unique status of being the best of the best. (To register use code GC)

1. Open to advanced practitioners of all age groups.
2. Must be sanctioned by your school's head instructor to compete.
3. All genders compete in same group
4. Each contestant will perform one hand form and one weapon form.
5. Contestants with the three highest scores in combined hand and weapon forms will be declared winners.
6. The Grand Champion will not be permitted to compete in other tournament categories.
7. The grand champion (first place winner) will be invited to the 2027 tournament to defend his/her title.
8. The top three winners will be invited and acknowledged in all TCMAF social events leading up to the 2027 tournament.

Dao Shu (Saber) Sparring

Code	Age	Level	Gender
DS-1	15-19	Open	M/F
DS-2	20-60	Open	M/F

Jian Shu (Chinese Sword) Sparring

Code	Age	Level	Gender
JS-1	15-19	Open	M/F
JS-2	20-60	Open	M/F

Qiang Shu (Spear) Sparring

Code	Age	Level	Gender
QS-1	15-19	Open	M/F
QS-2	20-60	Open	M/F

Staff Sparring

Code	Age	Level	Gender
SS-1	15-19	Open	M/F
SS-2	20-60	Open	M/F

Code	Form	Level
WC-9	Bil Jee	Advanced
WC-10	Wooden Dummy	Advanced
WC-11	Baat Jaam Do (Double Blades)	Advanced
WC-12	Long Pole	Advanced

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First Timers Point Sparring

Code	Age	Level	Gender	Code	Age	Level	Gender
FT-1	7 & Under	Beginner	M	FT-5	7 & Under	Beginner	F
FT-2	8-10	Beginner	M	FT--6	8-10	Beginner	F
FT-3	11-13	Beginner	M	FT-7	11-13	Beginner	F
FT-4	14-17	Beginner	M	FT-8	14-17	Beginner	F

Point Sparring (Ages 13 & Under)

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
PS-1	7 & Under	Beginner	M	PS-7	11-13	Beginner	M	PS-13	8-10	Beginner	F
PS-2	7 & Under	Intermediate	M	PS-8	11-13	Intermediate	M	PS-14	8-10	Intermediate	F
PS-3	7 & Under	Advanced	M	PS-9	11-13	Advanced	M	PS-15	8-10	Advanced	F
PS-4	8-10	Beginner	M	PS-10	7 & Under	Beginner	F	PS-16	11-13	Beginner	F
PS-5	8-10	Intermediate	M	PS-11	7 & Under	Intermediate	F	PS-17	11-13	Intermediate	F
PS-6	8-10	Advanced	M	PS-12	7 & Under	Advanced	F	PS-18	11-13	Advanced	F

Continuous Sparring

Code	Age	Level	Gender	Code	Age	Level	Gender	Code	Age	Level	Gender
CS-1	11-13	Beginner	M	CS-10	36+	Beginner	M	CS-19	18-35	Beginner	F
CS-2	11-13	Intermediate	M	CS-11	36+	Intermediate	M	CS-20	18-35	Intermediate	F
CS-3	11-13	Advanced	M	CS-12	36+	Advanced	M	CS-21	18-35	Advanced	F
CS-4	14-17	Beginner	M	CS-13	11-13	Beginner	F	CS-22	36+	Beginner	F
CS-5	14-17	Intermediate	M	CS-14	11-13	Intermediate	F	CS-23	36+	Intermediate	F
CS-6	14-17	Advanced	M	CS-15	11-13	Advanced	F	CS-24	36+	Advanced	F
CS-7	18-35	Beginner	M	CS-16	14-17	Beginner	F				
CS-8	18-35	Intermediate	M	CS-17	14-17	Intermediate	F				
CS-9	18-35	Advanced	M	CS-18	14-17	Advanced	F				

Competitors Fees

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TEMPT ONE ALS FOUNDATION

ALS (aka, Lou Gehrig's disease) is a debilitating neuromuscular disease with no known cause or cure. It is generally fatal to most patients within 2-5 years from diagnosis. There are about 30,000 cases throughout the nation and it affects adults of all ages, ethnicity, and gender. This progressive disease affects the brain nerve cells (neurons) which control the body muscles. As the neurons degenerate or die, instructions and messages from the brain to all body organs weaken and deteriorate resulting in the patient becoming completely immobilized, confined to a bed, and dependent on the care of relatives, loved ones, or caregivers. However, the brain remains completely alert and continuously functional to the end. Most patients also rely on a breathing machine (ventilator).

Your competitor and spectator fees along with personal donations go directly towards assisting local ALS patients and families with expenses related to massage therapy, nutritional supplements, or caregiver pay. Thank you all for helping to making this possible.



Traditional Chinese Martial Arts Federation

The Traditional Chinese Martial Arts Federation is a nonprofit organization dedicated to preserving, promoting, and sharing traditional Chinese martial arts, in the spirit of friendship, unity, and respect.



Chinese Chamber of Commerce of Los Angeles

美國洛杉磯(羅省)中華總商會

The Chinese Chamber of Commerce of Los Angeles (CCCLA) is a politically independent, member based, volunteer driven, not-for-profit organization that has been leading and serving the business community since 1898. CCCLA promotes the interests of our member companies by encouraging trade, business growth and new opportunities. We work hard on behalf of our members, offering insightful and meaningful contribution with respect to business connections, policy guidance and cultural education. We lead initiatives that positively empower Chinese Americans doing business in Greater Los Angeles. We establish scholarships – supported by prominent Chinese American leaders, for the benefit of the next generation of leaders – across a variety of disciplines in education, business and entrepreneurship, healthcare, and social justice. Through these programs, we believe we can enhance our social and economic influence within the greater community at large and provide a platform for Chinese American businesses to flourish.